Walkability and Sustainability

Peter Garrett,
Kennebec Messalonskee Trails and Sustain Mid-Maine Coalition
KMTrails Mission and Vision

- Mission: to promote, create, and help maintain recreation and fitness trails along our waterways connecting the communities of Waterville, Winslow, Benton, Fairfield, and Oakland.

- Vision: Improved health and fitness (physical and mental), a bike-ped friendly community, local beautiful spaces.
SMMC’s Vision for Community

- We invest in the best available strategies for energy generation, distribution, and use, giving priority to local, renewable resources whenever possible.
- We have reduced our carbon footprint and our use of fossil fuels by more than 50% since 2009 through practices of energy conservation, generation, and efficiency.
- We are a strong regional community that works with all levels of government and collaborates in making wise energy and environmental choices.
- We make public and private decisions in terms of their environmental, social, and economic impacts, including quality of life and employment opportunities.
- We have full employment at a living wage through green services and green manufacturing.
- We educate people of all ages in our community about sustainability, whether at home, in schools, or in the workplace. The youth in our communities grow up safe and healthy, and are engaged in the process of achieving sustainability.
- We have increased the prosperity of the region.
- We have revitalized area farms and reconnected our rural and urban economies. Now, there is an abundance of food, 80% of which is grown on local farms and gardens.
- We have learned to rethink, reduce, reuse, and recycle, and aim to eliminate waste completely. Recognizing that the open-ended generation of “waste” is not sustainable, we have eliminated most landfilling.
- We have transformed the way we move goods and people: fewer than half of our journeys are made in fossil-fueled vehicles. Our infrastructure is geared toward public transportation, bicycle, and pedestrian use.
People

KMTrails Board
2003
Municipal Involvements

Complete Streets
Road Diets
ADA Accessibility
Sidewalk Plowing
Trail Maintenance

Madam President
Fredericton Trails,
New Brunswick
Reduce intersection size to slow turning traffic, improve visibility, and shorten crossing.

Install sign to indicate wrong way entry to bicycle lane.

Extend pathway.

Install new crosswalk.

Install signing and markings on this segment to discourage northbound bicyclists – encourage crossing at Broadway intersection.

Fairfax, CA
Bicycle Friendliness

Bike to School Day
Waldoboro

Good & Bad news for cyclists
In-town Connections

Streamside of North Street
Sunrise Rotary Recreational Trail

Scott Park, Winslow

Two Cent Plaza, Head of Falls
Signage

Inland Woods Kiosk, Waterville
Historical Signage
Mill Island Park, Fairfield
Dealing with Vandalism
Functional Art

Santa Cruz, CA

Rail Trail,
Norfolk,
UK
Events

Messalonskee Stream Trail, Oakland, Opening, 2006
Winter Carnival, Quarry Road, Waterville, 2010 & 2011
Cooperation with Hospitals

Inland Hospital
EMHS MEMBER

MaineGeneral Health

5210 LET'S GO!
www.letsgo.org
Cooperation with Colleges

Thomas College: planning

Completed Bridge
Public Transportation
Failures

- Baseball and Soccer games having just cars in the parking lot. **No bicycles?**
- Teenage absence on our trails. **Why?**
- ADA trails with no wheelchair users??
- People who don’t know about our great trail network. **How can we get people outside?**
Successes
It comes down to People…

more People who find and use our trails…

Rotary Centennial Trail, Benton, 2010